

About CRISP

CRISP is established under Indo-German Cooperation agreement as an autonomous organisation of the Dept. of Technical Education and Skill Development, Govt. of M.P.

CRISP provides technical training and consultancy services for Industry Personnel, Government Officers, Faculties of academic and teaching institutions, Students and Jobseekers. CRISP is equipped with the state-of-the-art equipment and technology, latest software, qualified, trained and experienced trainers in the relevant fields.

CRISP has its head office in Bhopal and training centres at several national and international locations.

Other training programmes in Behavioural Science offered at CRISP are :

- Achieving excellence
- Training of Trainers
- Communication and Presentation Skills
- Managerial effectiveness
- Motivating towards excellence
- Positive personality development
- Stress and Conflict Management (Self Hypnosis)
- Team building
- Managing self and motivation
- Leadership development programme
- Managing emotional intelligence
- Excellence through multiple intelligence



Patron Clients of CRISP



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TB 604/Issue 03

CRISP
ISO 9001 : 2008

ENHANCING POSITIVE ATTITUDE



...unleashing the full potential of men & machines

ENHANCING POSITIVE ATTITUDE



Introduction of Course

Positive attitude occupies an important place in individual personality. It has a multiplier effect on individual's approach towards the life and at his work place. Through enhancing the positive approach one can change his vision, outlook and perception about the goal and related activities.

A positive attitude directs and determines the efforts of an individual. Our imagination, thought and concept towards life, society, organisation and goals are important components to rule our achievements. Our attitude is a dynamic force which pull and push our efforts and dedication for the best out of the worst. In any organisation positive attitude of employees is an asset which directly contribute to efficiency and enhancement of overall productivity.

Through systematic intervention of training, employees may be empowered to develop their attitude and motivation continuously for maintaining the smooth and beneficial relationship in family, society and organisation

Course Contents

- **Self-awareness :**
knowing about one's self (strengths and weakness), present behaviour, goal setting and goal planning.
- **Self-motivation :**
understanding of motivation level and approach to develop proper motivation in an individual and organisational life.
- **Self-esteem :**
recognition of self and enhancement of self prestige in personal life and organisation environment. Development of positive self-

image to understand self respect as a part of productive life culture.

- **Interpersonal communication and behaviour :**
ability to express one self and ability to develop proper communication and behaviour in a group working. Understanding of three dimensions i.e., inclusion, control and affection role of inter-personal behaviour pattern in life.

Methodology

The programme consists of a mix of

- Structured and simulation exercises
- Lectures & presentations
- Demonstration & probing
- Interactive discussions & role plays
- Individual & group presentation

Pre-requisite

- Professionals from all sectors.
- Individuals above 18 years of age.

Duration

Full time: 5 working days (7 hours/day)

Course Fee

Residential : Rs 19,000/- per participant
(on twin sharing basis)
Non-residential : Rs. 15,000/- per participant
Service tax extra.

Mode of Payment

Cash or DD in favour of CRISP Society, payable at Bhopal.